date: _____ M Tu W Th F Sa Su

## top 5 list:

1 ☐
2 ☐
3 ☐
4 ☐
5 ☐

## to do:

## daily routine:

**Early Morning:**

- ☐ make bed & pick up bedroom
- ☐
- ☐
- ☐
- ☐

**Mid-Morning:**

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

**Afternoon:**

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

**Evening:**

- ☐ dinner
- ☐ 15-minute pickup
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐ write out tomorrow's "top 5"

## appointments:

time: event:

## meal plan:

## exercise: min.

## to buy:

## notes:

© 2011 Simple Organized Living -- All rights reserved. http://SimpleOrganizedLiving.com

date: _____ M Tu W Th F Sa Su

top 5 list:

1 ☐
2 ☐
3 ☐
4 ☐
5 ☐

to do:

daily routine:

Early Morning:

- ☐ make bed & pick up bedroom
- ☐
- ☐
- ☐
- ☐

Mid-Morning:

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Afternoon:

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

Evening:

- ☐ dinner
- ☐ 15-minute pickup
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐ write out tomorrow's "top 5"

appointments:

time: event:

meal plan:

exercise: min.

to buy:

notes:

© 2011 Simple Organized Living -- All rights reserved. http://SimpleOrganizedLiving.com